







October 2013

Elementary School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1 **Biscuit & Gravy Cereal & Toast	2 COLLABORATIVE DAY French Toast Sticks & Syrup Cereal & Toast	3 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	4 Blueberry Glazed Pancakes Cereal & Toast 	
7 Sunrise Flatbread Pizza Cereal & Toast	8 **Biscuit & Gravy Cereal & Toast	9 Cinnamon Glazed Pancakes Cereal & Toast	10 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	11 **Sausage Biscuit Cereal & Toast
14 **Breakfast Pizza Cereal & Toast	15 **Biscuit & Gravy Cereal & Toast	16 Waffles & Syrup Cereal & Toast	17 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	18 Eggo Choc. Chip French Toast Minis Cereal & Toast
21 Sunrise Flatbread Pizza Cereal & Toast 	22 **Biscuit & Gravy Cereal & Toast	23 Eggo Maple Minis Cereal & Toast	24 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	25 **Sausage Biscuit Cereal & Toast 
28 **Breakfast Pizza Cereal & Toast	29 **Biscuit & Gravy Cereal & Toast	30 French Toast Sticks & Syrup Cereal & Toast	31 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast 	

MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast.

Assorted Milk Choices Available Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

Fun Facts About Eggs:

An egg shell has as many as 17,000 pores over its surface.
A hen can lay about 250 eggs per year.
In the US, about 280 million hens produce more than 65 billion eggs per year.

** Contains Pork

Menu Items subject to change based upon availability.

Nondiscrimination Statement: This institution is an equal opportunity provider.
Make payments easily & safely using LunchPrePay.com

