





# September 2013

## Elementary School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>NO SCHOOL FOR STUDENTS</b> 	3 **Biscuit & Gravy Cereal & Toast	4 French Toast Sticks & Syrup Cereal & Toast	5 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	6 Blueberry Glazed Pancakes Cereal & Toast
9 Sunrise Flatbread Pizza Cereal & Toast	10 **Biscuit & Gravy Cereal & Toast	11 Cinnamon Glazed Pancakes Cereal & Toast	12 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	13 **Sausage Biscuit Cereal & Toast
16 **Breakfast Pizza Cereal & Toast	17 **Biscuit & Gravy Cereal & Toast	18 Waffles & Syrup Cereal & Toast	19 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	20 Eggo Chocolate Chip French Toast Cereal & Toast
23 Sunrise Flatbread Pizza Cereal & Toast	24 **Biscuit & Gravy Cereal & Toast	25 Eggo Maple Minis Cereal & Toast	26 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast	27 **Sausage Biscuit Cereal & Toast
30 **Breakfast Pizza Cereal & Toast				

### MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast.

Assorted Milk Choices Available Daily for Breakfast and Lunch:  
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

### Fun Facts About :

49% of Americans start their day with a bowl of cereal.

The average American eats 160 bowls of cereal each year – that's an average of 11.9 pounds of cereal per year.

\*\* Contains Pork

Menu Items subject to change based upon availability.

Nondiscrimination Statement: This institution is an equal opportunity provider.  
Make payments easily & safely using LunchPrePay.com

