

Daily Learning Planner

*Ideas parents can use to help children
prepare for school.*

Parent Information & Resource Center
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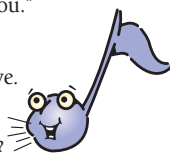


THE
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Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- 1. Make today a “round” day. Have your child point out all the round-shaped things he sees.
- 2. Make plans for a special parent-child day.
- 3. Fill boxes with different objects (plastic letters, wooden blocks, etc.). Ask your child to feel and guess what’s inside.
- 4. Let your child help set the table for dinner. Let her practice counting out forks, plates or cups.
- 5. Combine two different shapes of dried pasta in a bowl. Give your child two containers and ask him to sort them.
- 6. Trace your child’s hand on paper. Think of ways to be a “helping hand.” Write her ideas on the drawing.
- 7. Cut shapes of different sizes out of construction paper. Help your child make pictures with them.
- 8. Play a game with the family tonight.
- 9. Have your child guess how far you can throw a ball.
- 10. Bake cookies together. Use cookie cutters or drinking glasses to cut out different shapes.
- 11. Think of special ways to send the message, “I love you.”
- 12. Teach your child the “Golden Rule.”
- 13. Suggest your child make a card for a friend or relative.
- 14. Plan a picnic for the spring days to come.
- 15. Discuss a song on the radio. Is the tune fast or slow?
- 16. Watch an educational show with your child. Afterward, talk about what is real and what is pretend.
- 17. Look for the color green everywhere you go today.
- 18. Watch as the wind moves through trees and bushes.
- 19. Tell your child a story about when *you* were little.
- 20. Write your child’s name on paper today. See if he can pick out any letters or tell him what they are.
- 21. Turn a potted plant into a “letter tree.” Hang new letters from the “tree” as your child learns them.
- 22. Teach your child the name of the president.
- 23. Crush colored cereal with a rolling pin. Spread glue on paper, and let your child pour the colored “sand” on it.
- 24. Teach your child about food groups.
- 25. Look through a magazine and ask your child to find different categories of things. Look for blue things, then purple things.
- 26. Talk about the difference between night and day. Have your child draw a night picture and a day picture.
- 27. Let your child decorate a folder. Keep her artwork in it.
- 28. Open a fruit that has seeds inside. Explain that fruit grows from seeds.
- 29. Find safe scissors that are designed for young children. Always supervise as your child learns to cut. Draw a line for him to cut along.
- 30. Read the comics with your child. Ask her to tell you what is happening in the pictures.
- 31. Plan a backwards meal day. Eat dinner for breakfast and breakfast for dinner.



Helping Children Learn
EARLY CHILDHOOD
Tips Families Can Use to Help Children Do Better in School