


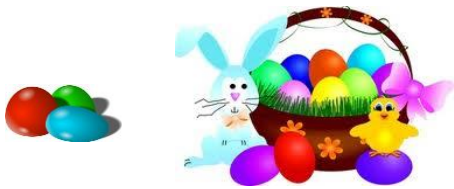


# April 2014

## Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1 <b>Lunch Entrées-Choose One</b> Hamburger/Cheeseburger BBQ Chicken w/Mac &amp; Cheese &amp; Roll Toasted Cheese Sandwich On WG Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Crinkle Cut Fries, Veggie Cup Pineapple, Sliced Oranges</p>	<p>2 <b>Lunch Entrées-Choose One</b> Spaghetti w/Cinnamon Roll Clux Delux Chicken Sandwich Toasted Cheese Sandwich on WG **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Corn, Butter Beans Peach Cup, Craisins</p>	<p>3 <b>Lunch Entrées-Choose One</b> Teriyaki Chicken w/Rice &amp; Roll **All American Hotdog Toasted Cheese Sandwich on WG Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Baked Beans <b>Coleslaw w/ SC Grown Cabbage</b> Mandarin Oranges, Fresh Banana</p>	<p>4 <b>Lunch Entrées-Choose One</b> NY Cheese Pizza Slice Country Beef Steak w/Rice &amp; Roll Yogurt, Cheese &amp; Granola **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Parsley Potatoes Lemon Roasted Broccoli Applesauce, Orange Juice</p>	
<p>7 <b>Lunch Entrées-Choose One</b> Popcorn Chicken w/Breadstick Sloppy Joe Sandwich Yogurt, Cheese &amp; Granola **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Green Beans, Mashed Potatoes Pears Halves, Sliced Oranges</p>	<p>8 <b>Lunch Entrées-Choose One</b> Hamburger/Cheeseburger Twisted Chicken w/Roll Cold Cut Deli Sub Sandwich Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Tater Tots <b>SC Grown Steamed Cabbage</b> Sliced Peaches, Fresh Apple</p>	<p>9 <b>Lunch Entrées-Choose One</b> Chicken Strips w/Cinnamon Roll Pasta Wrap w/Cinnamon Roll Toasted Cheese Sandwich on WG **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Caesar Salad, Steamed Squash Fruit Cocktail, Fresh Kiwi</p>	<p>10 <b>Lunch Entrées-Choose One</b> Fiesta Chicken Fajitas Mozzarella Cheese Sticks w/Marinara Cold Cut Deli Sub Sandwich Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Picante' Pintos, Corn Applesauce, Fresh Banana</p>	<p>11 <b>Lunch Entrées-Choose One</b> Gilardi Pepperoni Pizza Slice BBQ Chicken Mini Sliders Yogurt, Cheese &amp; Granola **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Parsley Potatoes, Spinach Salad Applesauce, Rosati Ice Fruit Cup</p>
<p>14</p>  <h1 style="color: purple;">Spring Break</h1>  <h2 style="color: black;">No School</h2> <p>-----</p>				
<p>21 <b>Lunch Entrées-Choose One</b> Popcorn Chicken w/Breadstick Hamburger/Cheeseburger Yogurt, Cheese &amp; Granola **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Green Beans, Mashed Potatoes Diced Pears, Sliced Oranges</p>	<p>22 <b>Lunch Entrées-Choose One</b> **Pancakes &amp; Sausage Large Macaroni &amp; Cheese w/ Roll Toasted Cheese Sandwich on WG Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Tater Tots, Steamed Broccoli Sliced Peaches, Fresh Apple</p>	<p>23 <b>Lunch Entrées-Choose One</b> Chicken Strips w/Cinnamon Roll Pasta Wrap w/Cinnamon Roll Cold Cut Deli Sub Sandwich **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Caesar Salad, Steamed Squash Strawberry Cup, Fruit Cocktail</p>	<p>24 <b>Lunch Entrées-Choose One</b> Nachos w/Creamy Queso and Chili Chicken Pot Pie w/Roll Toasted Cheese Sandwich on WG Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Corn, Bell Pepper Strips Applesauce, Fresh Banana</p>	<p>25 <b>Lunch Entrées-Choose One</b> **4x6 Variety Pizza Fish Poppers w/Roll Yogurt, Cheese &amp; Granola **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Seasoned Baby Carrots, Garden Salad <b>Fresh SC Grown Strawberries</b> Grape Juice</p>
<p>28 <b>Lunch Entrées-Choose One</b> Chicken Strips w/Breadstick Mozzarella Cheese Sticks w/Marinara Yogurt, Cheese &amp; Granola **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Green Beans, Teriyaki Style Vegetables Fruit Cocktail, Fresh Apple</p>	<p>29 <b>Lunch Entrées-Choose One</b> Hamburger/Cheeseburger Baked Chicken w/Mac &amp; Cheese &amp; Roll Cold Cut Deli Sub Sandwich Grilled Chicken Salad w/Breadstick</p> <p><b>Sides-Choose One or More</b> Crinkle Cut Fries, Confetti Collards Pineapple, Sliced Oranges</p>	<p>30 <b>Lunch Entrées-Choose One</b> Spaghetti w/Cinnamon Roll Clux Delux Chicken Sandwich Toasted Cheese Sandwich on WG **Chef Salad w/Crackers</p> <p><b>Sides-Choose One or More</b> Corn, Butter Beans Peach Cup, <b>Fresh SC Grown Strawberries</b></p>		

### MEALTIME MESSAGE

Lunch \$2.50

Assorted Milk Choices Available  
Daily for Breakfast and Lunch:  
1% White, Skim White,  
Fat Free Chocolate, Strawberry,  
and Vanilla

*This Month's SC Grown  
Fresh Produce...*



Strawberries



Cabbage

### Fun Facts:

Strawberry juice combined with honey will reduce sunburn inflammation. Rub the mixture thoroughly into the skin before rinsing off with warm water and lemon juice.

In order to reap the benefits of cabbage to its fullest extent, it is advisable that steaming and stir-frying of cabbage is done so that the nutrients are preserved. It is also advisable to eat raw cabbage.

\*\* Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability



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