

March 2014

Elementary School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3
Lunch Entrées-Choose One
Chicken Strips w/Breadstick
**BBQ Sandwich
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Teriyaki Style Vegetables
Fruit Cocktail, Fresh Apple

4
Lunch Entrées-Choose One
Hamburger/Cheeseburger
BBQ Chicken w/Mac & Cheese & Roll
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Crinkle Cut Fries
Turnip Greens **w/SC Grown Turnips**
Pineapple, Sliced Oranges

5 **COLLABORATIVE DAY**
Lunch Entrées-Choose One
Cold Cut Deli Sub Sandwich
**State Fair Corndog

Sides-Choose One or More
Fresh Baby Carrots, Fresh Celery Sticks
Rosati Ice 100% Fruit Juice,
Fresh Fruit

6
Lunch Entrées-Choose One
Teriyaki Chicken w/Rice & Roll
**All American Hotdog
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Baked Beans, Coleslaw
Mandarin Oranges, Fresh Banana

7
Lunch Entrées-Choose One
NY Cheese Pizza Slice
Country Beef Steak w/Rice & Roll
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Parsley Potatoes **w/SC Grown Parsley**
Steamed Broccoli
Applesauce, Orange Juice

10
Lunch Entrées-Choose One
Popcorn Chicken w/Breadstick
Sloppy Joe Sandwich
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Mashed Potatoes
Pears Halves, Sliced Oranges

11
Lunch Entrées-Choose One
Hamburger/Cheeseburger
Twisted Chicken w/Roll
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Tater Tots, Veggie Cup
Sliced Peaches, Fresh Apple

12
Lunch Entrées-Choose One
Chicken Strips w/Cinnamon Roll
Pasta Wrap w/Cinnamon Roll
Toasted Cheese Sandwich on WG
**Chef Salad w/Crackers

Sides-Choose One or More
Caesar Salad, Steamed Squash
Fruit Cocktail, Fresh Kiwi

13
Lunch Entrées-Choose One
Fiesta Chicken Fajitas
Mozzarella Cheese Sticks w/Marinara
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Picante' Pintos, Corn
Applesauce, Fresh Banana

14
HOLIDAY
(Second Weather Make-up Day)

17
Lunch Entrées-Choose One
Chicken Strips w/Breadstick
Country Beef Steak w/Rice & Roll
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Glazed Sweet Potatoes
Fruit Cocktail, Fresh Apple

18
Lunch Entrées-Choose One
Hamburger/Cheeseburger
Baked Chicken w/Mac & Cheese & Roll
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Crinkle Cut Fries
Turnip Greens **w/SC Grown Turnips**
Pineapple, Sliced Oranges

19
Lunch Entrées-Choose One
Spaghetti w/Cinnamon Roll
Clux Delux Chicken Sandwich
Toasted Cheese Sandwich on WG
**Chef Salad w/Crackers

Sides-Choose One or More
Corn, Butter Beans
Peach Cup, Fresh Grapes

20
Lunch Entrées-Choose One
**State Fair Corndog WG
Turkey & Dressing w/Roll
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Peas & Carrots, Baked Beans
Mandarin Oranges, Fresh Pear

21
Lunch Entrées-Choose One
Gilardi Pepperoni Pizza Slice
BBQ Chicken Mini Sliders
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Parsley Potatoes **w/SC Grown Parsley**
Spinach Salad
Applesauce, Orange Juice

24
Lunch Entrées-Choose One
Popcorn Chicken w/Breadstick
Hamburger/Cheeseburger
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Mashed Potatoes
Diced Pears, Sliced Oranges

25
Lunch Entrées-Choose One
**Pancakes & Sausage
Large Macaroni & Cheese w/ Roll
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Tater Tots, Steamed Broccoli
Sliced Peaches, Fresh Apple

26
Lunch Entrées-Choose One
Chicken Strips w/Cinnamon Roll
Pasta Wrap w/Cinnamon Roll
Cold Cut Deli Sub Sandwich
**Chef Salad w/Crackers

Sides-Choose One or More
Caesar Salad, Steamed Squash
Strawberry Cup, Fruit Cocktail

27
Lunch Entrées-Choose One
Nachos w/Creamy Queso and Chili
Chicken Pot Pie w/Roll
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Corn, Bell Pepper Strips
Applesauce, Fresh Pear

28
Lunch Entrées-Choose One
**4x6 Variety Pizza
Fish Poppers w/Roll
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Seasoned Baby Carrots, Garden Salad
Fresh Banana, Grape Juice

31
Chicken Strips w/Breadstick
Mozzarella Cheese Sticks w/Marinara
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Teriyaki Style Vegetables
Fruit Cocktail, Fresh Apple



MEALTIME MESSAGE

Lunch \$2.50

Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White,
Fat Free Chocolate,
Strawberry, and Vanilla

**This Month's SC Grown
Fresh Produce....**



Parsley



Turnips

Fun Facts:

Turnips grow best in cool climates.
Spring varieties do not keep, but
winter varieties will keep for up to 2
months in a cool place. Their excellent
keeping properties made them a
wintertime staple. They are low in
calories and a good source of
vitamins A and C, and minerals;
potassium and calcium.

There are two types of parsley –
Curly and Flat Leaf (also known as
Italian Parsley). Parsley is a natural
breath freshener and is a rich source
of Vitamin K.

**** Contains Pork**

All Bread that is served in
Lexington School District #1 is
Whole Grain.
Menu Items subject to change
based upon availability



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