

November 2013

Elementary School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Lunch Entrées-Choose One
 **Max Stuffed Crust Pep. Pizza Slice
 Chicken Fajitas
 Yogurt, Cheese & Granola
 **Chef Salad w/Crackers
Sides-Choose One or More
 Parsley Potatoes, Bell Pepper
 Strips **w/Fresh SC Grown Bell Peppers**
 Applesauce, Orange Juice

MEALTIME MESSAGE

Lunch \$2.50

Assorted Milk Choices Available
 Daily for Breakfast and Lunch:
 1% White, Skim White,
 Fat Free Chocolate,
 Strawberry, and Vanilla

**This Month's SC Grown
 Fresh Produce....**



Bell Pepper

Butterbeans



Fun Facts:

Peppers are not seasonal fruits, meaning you can find them in supermarkets any day during the year. It's best to wrap the peppers in paper bags or paper towels and store in the refrigerator to keep their freshness - up to 5 days for bell peppers and up to 3 weeks for chili peppers.

Butter beans are small beans about the size of a penny. They were initially cultivated between A.D. 1 and 500, during the Spanish occupation of Peru. Butter beans are also known as Lima beans, after the capital of Peru, where they were initially harvested.

**** Contains Pork**

All Bread that is served in
 Lexington School District #1 is
 Whole Grain.

Menu Items subject to change
 based upon availability.



4
Lunch Entrées-Choose One
 Chicken Nuggets w/Breadstick
 Hamburger/Cheeseburger
 Yogurt, Cheese & Granola
 **Chef Salad w/Crackers
Sides-Choose One or More
 Green Beans, Glazed Sweet Potatoes
 Diced Pears, Sliced Oranges

5
Lunch Entrées-Choose One
 **Pancakes & Sausage
 Turkey w/Rice, Gravy & Roll
 Chicken Salad Sandwich
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Tater Tots, Steamed Broccoli
 Sliced Peaches, Fresh Apples

6 **COLLABORATIVE DAY**
Lunch Entrées-Choose One
 Turkey Deli Sub
 Corn dog
 Fresh Baby Carrots, Fresh Celery Sticks
 Rosati Ice 100% Fruit Juice,
 Fresh Fruit

7
Lunch Entrées-Choose One
 Tacos
 Chicken Pot Pie w/Roll
 Toasted Cheese Sandwich
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Sliced Tomatoes, Black-eyed Peas
 Applesauce, Fresh Pear

8
Lunch Entrées-Choose One
 **4x6 Variety Pizza
 Fish Poppers w/Roll
 Yogurt, Cheese & Granola
 **Chef Salad w/Crackers
Sides-Choose One or More
 Roasted Cauliflower, Fresh Sugar Snap Peas
 Fresh Banana, Grape Juice

11
NO SCHOOL FOR STUDENTS

12
Lunch Entrées-Choose One
 Hamburger/Cheeseburger
 Roasted Chicken w/Roll
 Toasted Cheese Sandwich
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Crinkle Cut Fries, Butterbeans **w/Fresh SC Grown Butterbeans**,
 Pineapple, Sliced Oranges

13
Lunch Entrées-Choose One
 Spaghetti w/Cinnamon Roll
 Chicken Sandwich
 Deli Sandwich
 **Chef Salad w/Crackers
Sides-Choose One or More
 Spring Salad, Corn
 Peach Cup, Craisins

14
Lunch Entrées-Choose One
 **Hotdog
 Teriyaki Chicken w/Rice & Roll
 Toasted Cheese Sandwich on WG
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Baked Beans, Bell Pepper Strips
w/Fresh SC Grown Bell Peppers,
 Mandarin Oranges, Fresh Banana

15
Lunch Entrées-Choose One
 NY Style Cheese Pizza Slice
 Chicken Fajitas
 Yogurt, Cheese & Granola
 **Chef Salad w/Crackers
Sides-Choose One or More
 Parsley Potatoes, Fresh Baby Carrots
 Applesauce, Orange Juice

18
Lunch Entrées-Choose One
 Chicken Nuggets w/Breadstick
 Sloppy Joe Sandwich
 Yogurt, Cheese & Granola
 **Chef Salad w/Crackers
Sides-Choose One or More
 Picante' Pintos, Corn
 Diced Pears, Sliced Oranges

19
Lunch Entrées-Choose One
 Hamburger/Cheeseburger
 Mozzarella Cheese Sticks
 Chicken Salad Sandwich
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Tater Tots, Fresh Peas & Carrots
 Sliced Peaches, Fresh Apples

20
Lunch Entrées-Choose One
 Chicken Strips w/Cinnamon Roll
 Pasta Wrap w/Cinnamon Roll
 Chicken Sandwich
 **Chef Salad w/Crackers
Sides-Choose One or More
 Caesar Salad, Steamed Squash
 Strawberry Cup, Fresh Kiwi

21 **Thanksgiving Meal**
Lunch Entrées-Choose One
 Turkey w/Dressing & Roll
 **Corn dog
 Toasted Cheese Sandwich
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Green Beans, Glazed Sweet Potatoes
 Applesauce, Fresh Pear

22
Lunch Entrées-Choose One
 **4x6 Variety Pizza
 Country Beef Steak w/Rice & Roll
 Yogurt, Cheese & Granola
 **Chef Salad w/Crackers
Sides-Choose One or More
 Mashed Potatoes, Butterbeans **w/Fresh SC Grown Butterbeans**,
 Fresh Banana, Grape Juice

25
Lunch Entrées-Choose One
 Chicken Strips w/Breadstick
 **BBQ Sandwich
 Chicken Salad Sandwich
 **Chef Salad w/Crackers
Sides-Choose One or More
 Green Beans, Fresh Baby Carrots
 Fruit Cocktail, Fresh Apple

26
Lunch Entrées-Choose One
 Hamburger/Cheeseburger
 Roasted Chicken w/Roll
 Toasted Cheese Sandwich
 Grilled Chicken Salad w/Breadstick
Sides-Choose One or More
 Crinkle Cut Fries, Collards
 Pineapple, Sliced Oranges

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NO SCHOOL FOR STUDENTS

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