

February 2014

Elementary School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3
Lunch Entrées-Choose One
Chicken Strips w/Breadstick
**BBQ Sandwich
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Teriyaki Style Vegetables
Fruit Cocktail, Fresh Apple

4
Lunch Entrées-Choose One
Hamburger/Cheeseburger
Baked Chicken w/Mac & Cheese & Roll
Toasted Cheese Sandwich On WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Crinkle Cut Fries, Roasted Vegetables
Pineapple, Sliced Oranges

5
COLLABORATIVE DAY
Lunch Entrées-Choose One
Cold Cut Deli Sub Sandwich
**State Fair Corndog

Sides-Choose One or More
Fresh Baby Carrots, Fresh Celery Sticks
Rosati Ice 100% Fruit Juice,
Fresh Fruit

6
Lunch Entrées-Choose One
Teriyaki Chicken w/Rice & Roll
**All American Hotdog
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Baked Beans, Coleslaw
Mandarin Oranges, Fresh Banana

7
Lunch Entrées-Choose One
NY Cheese Pizza Slice
Country Beef Steak w/Rice & Roll
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Parsley Potatoes, Steamed Broccoli
Applesauce, Orange Juice

10
Lunch Entrées-Choose One
Chicken Nuggets w/Breadstick
Sloppy Joe Sandwich
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Roasted Beets
w/Fresh SC Grown Beets
Pears Halves, Sliced Oranges

11
Lunch Entrées-Choose One
Hamburger/Cheeseburger
Twisted Chicken w/Roll
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Tater Tots, Peas & Carrots
Sliced Peaches, Fresh Apple

12
Lunch Entrées-Choose One
Chicken Strips w/Cinnamon Roll
Pasta Wrap w/Cinnamon Roll
Toasted Cheese Sandwich on WG
**Chef Salad w/Crackers

Sides-Choose One or More
Caesar Salad, Steamed Squash
Fruit Cocktail, Fresh Kiwi

13
Lunch Entrées-Choose One
Fiesta Chicken Tacos
Mozzarella Cheese Sticks w/Marinara
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Picante' Pintos, Corn
Applesauce, Fresh Banana

14
No School HOLIDAY
(First Weather Make-up Day)

Valentines Day

17
No School For Students

18
Lunch Entrées-Choose One
Hamburger/Cheeseburger
Baked Chicken w/Mac & Cheese & Roll
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Crinkle Cut Fries, Mediterranean Kale
w/Fresh SC Grown Kale
Pineapple, Sliced Oranges

19
Lunch Entrées-Choose One
Spaghetti w/Cinnamon Roll
Clux Delux Chicken Sandwich
Toasted Cheese Sandwich on WG
**Chef Salad w/Crackers

Sides-Choose One or More
Corn, Butter Beans
Peach Cup, Fresh Grapes

20
Lunch Entrées-Choose One
**State Fair Corndog WG
Tangerine Chicken w/Rice & Roll
Cold Cut Deli Sub Sandwich
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Baked Beans, Veggie Cup
Mandarin Oranges, Fresh Pear

21
Lunch Entrées-Choose One
Gilardi Pepperoni Pizza Slice
BBQ Chicken Mini Sliders
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Parsley Potatoes, Spinach Salad
Applesauce, Orange Juice

24
Lunch Entrées-Choose One
Chicken Nuggets w/Breadstick
Hamburger/Cheeseburger
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Green Beans, Roasted Beets
w/Fresh SC Grown Beets
Diced Pears, Sliced Oranges

25
Lunch Entrées-Choose One
**Pancakes & Sausage
Large Macaroni & Cheese w/ Roll
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Tater Tots, Steamed Broccoli
Sliced Peaches, Fresh Apple

26
Lunch Entrées-Choose One
Chicken Strips w/Cinnamon Roll
Pasta Wrap w/Cinnamon Roll
Cold Cut Deli Sub Sandwich
**Chef Salad w/Crackers

Sides-Choose One or More
Caesar Salad, Steamed Squash
Strawberry Cup, Fruit Cocktail

27
Lunch Entrées-Choose One
Nachos w/Creamy Queso and Chili
Chicken Pot Pie w/Roll
Toasted Cheese Sandwich on WG
Grilled Chicken Salad w/Breadstick

Sides-Choose One or More
Crispy Kale Chips
w/Fresh SC Grown Kale
Black-eyed Peas
Applesauce, Fresh Pear

28
Lunch Entrées-Choose One
**4x6 Variety Pizza
Fish Poppers w/Roll
Yogurt, Cheese & Granola
**Chef Salad w/Crackers

Sides-Choose One or More
Roasted Cauliflower, Garden Salad
Fresh Banana, Grape Juice

MEALTIME MESSAGE

Lunch \$2.50

Assorted Milk Choices Available Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

This Month's SC Grown Fresh Produce....



Beets



Kale

Fun Facts:

You can use beet juice to measure acidity. When added to an acidic solution it turns pink, but when it is added to an alkali it turns yellow.

Mainly grown in Middle and Western Europe, North America, and East and West Africa. Kale needs to be exposed to the first winter's frost so some of the plant's starch can be changed into sugar.

** Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability

Make payments easily & safely using LunchPrepay.com



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