

December 2013



Elementary School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Lunch Entrées-Choose One Chicken Nuggets w/Breadstick Hamburger/Cheeseburger Yogurt, Cheese & Granola **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Green Beans, Baked Sweet Potatoes w/Fresh SC Grown Sweet Potatoes, Diced Pears, Sliced Oranges</p>	<p>3</p> <p>Lunch Entrées-Choose One **Pancakes & Sausage Chicken Pot Pie w/Roll Toasted Cheese Sandwich Grilled Chicken Salad w/Breadstick</p> <p>Sides-Choose One or More Tater Tots, Steamed Broccoli w/Fresh SC Grown Broccoli, Sliced Peaches, Fresh Apples</p>	<p>4</p> <p>COLLABORATIVE DAY</p> <p>Lunch Entrées-Choose One Cold Cut Deli Sub Sandwich State Fair Corndog</p> <p>Sides-Choose One or More Fresh Baby Carrots, Fresh Celery Sticks Rosati Ice 100% Fruit Juice, Fresh Fruit</p>	<p>5</p> <p>Lunch Entrées-Choose One Fiesta Chicken Tacos Country Beef Steak w/Rice & Roll Toasted Cheese Sandwich Grilled Chicken Salad w/Breadstick</p> <p>Sides-Choose One or More Sliced Tomatoes, Black-eyed Peas Applesauce, Fresh Pear</p>	<p>6</p> <p>Lunch Entrées-Choose One **4x6 Variety Pizza Fish Poppers w/Roll Yogurt, Cheese & Granola **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Roasted Cauliflower, Green Peas Fresh Banana, Grape Juice</p>
<p>9</p> <p>Lunch Entrées-Choose One Chicken Strips w/Breadstick Macaroni & Cheese w/Breadstick Yogurt, Cheese & Granola **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Green Beans, Fresh Baby Carrots Fruit Cocktail, Fresh Apple</p>	<p>10</p> <p>Lunch Entrées-Choose One Hamburger/Cheeseburger Roasted Chicken w/Roll Cold Cut Deli Sub Sandwich Grilled Chicken Salad w/Breadstick</p> <p>Sides-Choose One or More Crinkle Cut Fries, Roasted Vegetables Pineapple, Sliced Oranges</p>	<p>11</p> <p>Lunch Entrées-Choose One Spaghetti w/Cinnamon Roll Clux Delux Chicken Sandwich Toasted Cheese Sandwich **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Spring Salad, Corn Peach Cup, Craisins</p>	<p>12</p> <p>Lunch Entrées-Choose One Teriyaki Chicken w/Rice & Roll **All American Hotdog Cold Cut Deli Sub Sandwich Grilled Chicken Salad w/Breadstick</p> <p>Sides-Choose One or More Baked Beans, Coleslaw Mandarin Oranges, Fresh Banana</p>	<p>13</p> <p>Lunch Entrées-Choose One Now Gilardi Pepperoni Pizza Slice Sloppy Joe Sandwich Yogurt, Cheese & Granola **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Parsley Potatoes, Steamed Broccoli w/Fresh SC Grown Broccoli, Applesauce, Orange Juice</p>
<p>16</p> <p>Lunch Entrées-Choose One Chicken Nuggets w/Breadstick **BBQ Pork Sandwich Yogurt, Cheese & Granola **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Tater Tots, Peas & Carrots Sliced Peaches, Fresh Apples</p>	<p>17</p> <p>Holiday Meal</p> <p>Lunch Entrées-Choose One Sliced Ham w/Roll Hamburger/Cheeseburger Toasted Cheese Sandwich Grilled Chicken Salad w/Breadstick</p> <p>Sides-Choose One or More Green Beans, Baked Sweet Potatoes w/Fresh SC Grown Sweet Potatoes, Diced Pears, Sliced Oranges</p>	<p>18</p> <p>Lunch Entrées-Choose One Chicken Strips w/Cinnamon Roll Pasta Wrap w/Cinnamon Roll Cold Cut Deli Sub Sandwich **Chef Salad w/Crackers</p> <p>Sides-Choose One or More Caesar Salad, Steamed Squash Fruit Cocktail, Fresh Kiwi</p>	<p>19</p> <p>Lunch Entrées-Choose One Nachos w/Creamy Queso & Chili Twisted Chicken Alfredo w/Roll Toasted Cheese Sandwich Grilled Chicken Salad w/Breadstick</p> <p>Sides-Choose One or More Picante' Pintos, Corn Applesauce, Fresh Pear</p>	<p>20</p> <p>Half Day for Students (Breakfast Served Only)</p>
<p>23</p> <p>Winter Break (Holiday)</p>	<p>24</p> <p>Winter Break (Holiday)</p>	<p>25</p> <p>Winter Break (Holiday)</p>	<p>26</p> <p>Winter Break (Holiday)</p>	<p>27</p> <p>Winter Break (Holiday)</p>
<p>30</p> <p>Winter Break (Holiday)</p>	<p>31</p> <p>Winter Break (Holiday)</p>			

MEALTIME MESSAGE

Lunch \$2.50

Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White,
Fat Free Chocolate,
Strawberry, and Vanilla

This Month's SC Grown Fresh Produce...



Broccoli

Sweet Potatoes



Fun Facts:

Sweet Potatoes are high in vitamins A and C, and are a good source of fiber. Native Americans were growing sweet potatoes when Columbus arrived in 1492.

Broccoli consumption has increased over 940 percent over the last 25 years! To eliminate the smell of broccoli, add a slice of bread to the pot.

** Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability.



Nondiscrimination Statement: This institution is an equal opportunity provider.
Menu Items subject to change based upon product availability.
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