



# January

# 2014

## High School Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Winter Break (Holiday)	2 Winter Break (Holiday)	3 Winter Break (Holiday)
6 Winter Break (Holiday)	7 Winter Break (Holiday)	8 Waffles & Syrup **Sausage Biscuit Chicken Biscuit	9 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	10 Eggo Chocolate Chip French Toast **Sausage Biscuit Chicken Biscuit
13 **Breakfast Pizza **Sausage Biscuit Chicken Biscuit	14 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	15 Eggo Maple Minis **Sausage Biscuit Chicken Biscuit	16 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	17 French Toast Sticks & Syrup **Sausage Biscuit Chicken Biscuit
20 No School (Holiday)	21 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	22 French Toast Sticks & Syrup **Sausage Biscuit Chicken Biscuit	23 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	24 Blueberry Glazed Pancakes **Sausage Biscuit Chicken Biscuit
27 Sunrise Flatbread Pizza **Sausage Biscuit Chicken Biscuit	28 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	29 Cinnamon Glazed Pancakes **Sausage Biscuit Chicken Biscuit	30 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	31 French Toast Sticks & Syrup **Sausage Biscuit Chicken Biscuit

### MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast

Assorted Milk Choices Available Daily for Breakfast and Lunch:  
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

### Served Everyday

Cereal & Toast  
Yogurt & Muffin  
Yogurt Parfait

### Fun Facts About Cereal:

The first breakfast cereal ever produced was Shredded Wheat.

The average American eats 160 bowls of cereal each year..

There are 2.7 billion packages of cereal sold every year!  
That's enough boxes to wrap around the Earth thirteen times!

\*\* Contains Pork

Menu Items subject to change based upon availability.



Nondiscrimination Statement: This institution is an equal opportunity provider.  
Make payments easily & safely using LunchPrePay.com

