




# November 2013

## High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4 Sunrise Flatbread Pizza **Sausage Biscuit Chicken Biscuit	5 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	6 <b>COLLABORATIVE DAY</b> Cinnamon Glazed Pancakes **Sausage Biscuit Chicken Biscuit	7 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	1 Blueberry Glazed Pancakes **Sausage Biscuit Chicken Biscuit
11 <b>NO SCHOOL FOR STUDENTS</b>	12 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	13 Waffles & Syrup **Sausage Biscuit Chicken Biscuit	14 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	8 French Toast Sticks & Syrup **Sausage Biscuit Chicken Biscuit
18 Sunrise Flatbread Pizza **Sausage Biscuit Chicken Biscuit	19 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	20 Eggo Maple Minis **Sausage Biscuit Chicken Biscuit	21 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	15 Eggo Choc. Chip French Toast Minis **Sausage Biscuit Chicken Biscuit
25 **Breakfast Pizza **Sausage Biscuit Chicken Biscuit	26 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	27 <b>NO SCHOOL FOR STUDENTS</b>	28 <b>NO SCHOOL FOR STUDENTS</b>	22 French Toast Sticks & Syrup **Sausage Biscuit Chicken Biscuit
				29 <b>NO SCHOOL FOR STUDENTS</b>

### MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast.

Assorted Milk Choices Available Daily for Breakfast and Lunch:  
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

### Served Everyday

Cereal & Toast  
Yogurt & Muffin  
Yogurt Parfait

### Fun Facts About Cereal:

The average American eats 160 bowls of cereal each year.  
One bushel of wheat will make 53 boxes of cereal.  
There are 2.7 billion packages of cereal sold every year – that's enough boxes to wrap around the Earth thirteen times!

\*\* Contains Pork

Menu Items subject to change

**Nondiscrimination Statement:** This institution is an equal opportunity provider. Make payments easily & safely using LunchPrepay.com

