

February 2014

High School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3
**Breakfast Pizza
**Sausage Biscuit
Chicken Biscuit

4
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

5 **COLLABORATIVE DAY**
Waffles & Syrup
**Sausage Biscuit
Chicken Biscuit

6
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

7
Eggo Choc. Chip
French Toast Minis
**Sausage Biscuit
Chicken Biscuit

10
**Breakfast Pizza
**Sausage Biscuit
Chicken Biscuit

11
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

12
Eggo Maple Minis
**Sausage Biscuit
Chicken Biscuit

13
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

14
**No School
HOLIDAY**
(First Weather Make-up Day)


17
**No School
For Students**


18
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

19
French Toast Sticks & Syrup
**Sausage Biscuit
Chicken Biscuit

20
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

21
Blueberry Glazed Pancakes
**Sausage Biscuit
Chicken Biscuit

24
**Breakfast Pizza
**Sausage Biscuit
Chicken Biscuit

25
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

26
Cinnamon Glazed Pancakes
**Sausage Biscuit
Chicken Biscuit

27
Grits
Cheddar Cheese
Scrambled Eggs
Toast
**Sausage Biscuit
Chicken Biscuit

28
French Toast Sticks & Syrup
**Sausage Biscuit
Chicken Biscuit

MEALTIME MESSAGE

Breakfast \$1.25
Fruit and/or Juice also offered daily with Breakfast.

Assorted Milk Choices Available Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

Served Everyday

Cereal & Toast
Yogurt & Muffin
Yogurt Parfait

Fun Facts About Pancakes:

The first recipe for pancakes was listed in the 15th century, in an English cookbook.

The world's largest pancake was cooked in Rochdale, Manchester in the year 1994, which was around 15 meters in diameter, weighed 3 tons, and had a whopping two million calories.

William Shakespeare loved pancakes so much, that he mentioned them in his plays!

** Contains Pork
Menu Items subject to change based upon availability



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