




April 2014

High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	2 Waffles & Syrup **Sausage Biscuit Chicken Biscuit	3 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	4 Eggo Chocolate Chip French Toast Minis
7 **Breakfast Pizza **Sausage Biscuit Chicken Biscuit	8 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	9 Eggo Maple Minis **Sausage Biscuit Chicken Biscuit	10 Grits Cheddar Cheese Scrambled Eggs	11 French Toast Sticks **Sausage Biscuit Chicken Biscuit
14 	15 Spring Break	16 Spring Break	17 Spring Break	18 
----- No School -----				
21 **Breakfast Pizza **Sausage Biscuit Chicken Biscuit	22 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	23 Cinnamon Glazed Pancakes **Sausage Biscuit Chicken Biscuit	24 Grits Cheddar Cheese Scrambled Eggs **Sausage Biscuit Chicken Biscuit	25 French Toast Sticks French Toast Sticks **Sausage Biscuit Chicken Biscuit
28 **Breakfast Pizza **Sausage Biscuit Chicken Biscuit	29 **Sausage Gravy & Biscuit **Sausage Biscuit Chicken Biscuit	30 Waffles & Syrup **Sausage Biscuit Chicken Biscuit		

MEALTIME MESSAGE

Breakfast \$1.25
Fruit and/or Juice also offered daily with Breakfast.

Assorted Milk Choices
Available Daily for
Breakfast and Lunch:
1% White, Skim White,
Fat Free Chocolate,
Strawberry, and Vanilla

Served Everyday

Cereal & Toast
Yogurt & Muffin
Yogurt Parfait

Fun Facts About Grits:

Grits are the official state prepared food of Georgia.

President Jimmy Carter's daughter, Amy, briefly owned a dog named Grits while living in the White House.

The word grits derives from the Old English word *grytt*, meaning coarse meal.

** Contains Pork

Menu Items subject to change based upon availability.



Nondiscrimination Statement: This institution is an equal opportunity provider.

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