

**COMPREHENSIVE HEALTH PROGRAM
LEXINGTON SCHOOL DISTRICT 1
HUMAN SEXUALITY/PREGNANCY PREVENTION
POLICY-POSITION**

Lexington School District 1 provides a comprehensive health education program for grades K-12 within the mandates of the Comprehensive Health Education Act of 1988. It includes age-appropriate, sequential instruction in health either as part of existing courses, such as science or physical education, or as a special health course, such as a health exploratory or strategies for success. The district's "Comprehensive Health and Safety Advisory Committee" reviews materials used in health instruction. The "reproductive health education" instruction includes human physiology, conception, prenatal care and development, childbirth, and postnatal care, but DOES NOT INCLUDE instruction concerning sexual practices outside of marriage or practices unrelated to reproduction except within the context of the risk of disease. Lexington District 1 is an "abstinence only" district that emphasizes abstinence as the only method for pre-marriage pregnancy prevention. The risks associated with sexual activity outside of marriage are also emphasized. Pregnancy prevention education stresses the importance of abstaining from sexual activity until marriage. Any contraception information is given in the context of future family planning after marriage. (Other school districts – and the Comprehensive Health Law - are "abstinence based" emphasizing abstinence as the healthiest choice for pregnancy prevention by teenagers.) The topic of sexually transmitted diseases is not included in the instruction before the sixth grade but is appropriate for middle and high school.