

May & June 2014

Middle School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEALTIME MESSAGE



1
Lunch Entrées-Choose One
 Chicken Bites Basket w/Tater Tots & Roll
 Create-Your-Own Burger Bar
 **Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
 Tater Tots, Southwestern Baked Beans
 Carolina Coleslaw
 Peach Cup, Fresh Pear

2
Lunch Entrées-Choose One
 Twisted Chicken w/Breadstick
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Corn, Garden Salad
 Mandarin Oranges, Fresh Banana

Lunch \$2.75

Assorted Milk Choices Available Daily for Breakfast and Lunch:
 1% White, Skim White,
 Fat Free Chocolate,
 Strawberry, and Vanilla

5
Lunch Entrées-Choose One
 Cheesy Nachos w/Chicken or Beef
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Green Beans, Picante' Pintos,
 Sliced Peaches, Fresh Apple

6
Lunch Entrées-Choose One
 Chicken Tenders Basket w/Fries & Roll
 **Cuban Pork Sandwich
 **Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
 Crinkle Cut French Fries
Roasted Spring Vegetables w/SC Grown Zucchini
 Fruit Cocktail, Fresh Cantaloupe

7
Lunch Entrées-Choose One
 Rotini Pasta w/Meat Sauce & Cinnamon Roll
 Clux Deluxe Original/Spicy Chicken Sandwich
 Buffalo Chicken/Cheeseburger Pizza
 Large Macaroni & Cheese w/Roll

Sides-Choose One or More
 Caesar Salad, Parsley Potatoes
 Pineapple, Sliced Oranges

8
Lunch Entrées-Choose One
 Chicken Bites Basket w/Tater Tots & Roll
 Breakfast For Lunch
 **Nardone's Pepperoni/Cheese Pizza Slice
 Santa Fe Chicken Quesadilla

Sides-Choose One or More
 Tater Tots, Sliced Tomatoes
 Lemon Pepper Roasted Broccoli
 Diced Pears, Fresh Banana

9
Lunch Entrées-Choose One
 BBQ/Bufalo Chicken w/Mac & Cheese & Roll
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Corn, Seasoned Fresh Baby Carrots
 Applesauce, **Fresh SC Grown Blueberries**

This Month's SC Grown Fresh Produce....



Blueberries



Zucchini

Fun Facts:

The month of July is National Blueberry Month in America, and August is National Blueberry Month in Canada. Between June and September there are almost 20 blueberry festivals throughout the U.S. and Canada.

The flower of the zucchini plant is also edible. Fried squash blossoms are considered a delicacy.

** Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability



12
Lunch Entrées-Choose One
 Green Dragon Chicken w/Rice & Roll
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Green Beans, Baked Sweet Potatoes
 Vegetable Chow Mein
 Sliced Peaches, Fresh Apple

13
Lunch Entrées-Choose One
 Chicken Tenders Basket w/Fries & Roll
 **Spicy BBQ Pork Nachos
 **Nardone's Pepperoni/Cheese Pizza Slice
 Santa Fe Chicken Quesadilla

Sides-Choose One or More
 Crinkle Cut French Fries
 Kale Salad w/Mandarin Oranges
 Fruit Cocktail, Fresh Honeydew

14
Lunch Entrées-Choose One
 Classic Lasagna w/Cinnamon Roll
 Clux Deluxe Original/Spicy Chicken Sandwich
 Buffalo Chicken/Cheeseburger Pizza
 Large Macaroni & Cheese w/Roll

Sides-Choose One or More
 Fresh Steamed Squash, Roasted Cauliflower
 Diced Pears, Sliced Oranges

15
Lunch Entrées-Choose One
 Chicken Bites Basket w/Tater Tots & Roll
 **Sweet Mesquite BBQ Sliders
 **Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
 Tater Tots, Picante' Pintos
 Confetti Collards
 Mandarin Oranges, Fresh Banana

16
Lunch Entrées-Choose One
 Cilantro Lime Chicken Wraps
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Corn, Caesar Salad
 Applesauce, Rosati Ice Fruit Cup

19
Lunch Entrées-Choose One
 BBQ/Bufalo Chicken w/Mac & Cheese & Roll
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Green Beans, Marinated Cucumbers
 Pineapple Tidbits, Sliced Orange

20
Lunch Entrées-Choose One
 Chicken Tenders Basket w/Fries & Roll
 Chicken Egg Rolls w/Chow Mein Noodles
 **Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
 Crinkle Cut French Fries
Roasted Spring Vegetables w/SC Grown Zucchini
 Fruit Cocktail, Fresh Cantaloupe

21
Lunch Entrées-Choose One
 Rotini Pasta w/Meat Sauce & Cinnamon Roll
 Clux Deluxe Original/Spicy Chicken Sandwich
 Buffalo Chicken/Cheeseburger Pizza
 Large Macaroni & Cheese w/Roll

Sides-Choose One or More
 Parsley Potatoes, Veggie Cup
 Sliced Peaches, Craisins

22
Lunch Entrées-Choose One
 Chicken Bites Basket w/Tater Tots & Roll
 Create-Your-Own Burger Bar
 **Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
 Tater Tots, Southwestern Baked Beans
 Carolina Coleslaw
 Mandarin Oranges, Fresh Pear

23
Lunch Entrées-Choose One
 Twisted Chicken w/Breadstick
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Corn, Caesar Salad, Sliced Tomatoes
 Applesauce, **Fresh SC Grown Blueberries**

26
Holiday
 (No School)

27
Lunch Entrées-Choose One
 Chicken Tenders Basket w/Fries & Roll
 **State Fair Corndog
 **Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
 Crinkle Cut French Fries, Green Beans
 Fruit Cocktail, Fresh Honeydew

28
Lunch Entrées-Choose One
 Classic Lasagna w/Cinnamon Roll
 Clux Deluxe Original/Spicy Chicken Sandwich
 Buffalo Chicken/Cheeseburger Pizza
 Large Macaroni & Cheese w/Roll

Sides-Choose One or More
 Fresh Steamed Squash, Roasted Cauliflower
 Diced Pears, Sliced Oranges

29
Lunch Entrées-Choose One
 Chicken Bites Basket w/Tater Tots & Roll
 Breakfast For Lunch
 **Nardone's Pepperoni/Cheese Pizza Slice
 Santa Fe Chicken Quesadilla

Sides-Choose One or More
 Tater Tots, Lemon Pepper Roasted Broccoli
 Diced Pears, Fresh Banana

30
Lunch Entrées-Choose One
 BBQ/Bufalo Chicken w/Mac & Cheese & Roll
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Corn, Seasoned Fresh Baby Carrots
 Applesauce, Rosati Ice Fruit Cup

June 2
Lunch Entrées-Choose One
 Green Dragon Chicken w/Rice & Roll
 Seasoned Chicken Filet Sandwich
 Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
 Green Beans, Veggie Cup
 Sliced Peaches, Fresh Apple

June 3
½ Day for Students

June 4
½ Day / Last Day for Students

Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits Discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender-identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (in Spanish).

Make payments easily & safely using LunchPrepay.com