



January



Middle School Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Winter Break (Holiday)	2 Winter Break (Holiday)	3 Winter Break (Holiday)
6 Winter Break (Holiday)	7 Winter Break (Holiday)	8 Waffles & Syrup Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	9 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	10 Eggo Chocolate Chip French Toast Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait
13 Sunrise Flatbread Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	14 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	15 Eggo Maple Minis Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	16 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	17 **Sausage Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait
20 No School (Holiday)	21 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	22 French Toast Sticks & Syrup Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	23 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	24 Blueberry Glazed Pancakes Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait
27 Sunrise Flatbread Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	28 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	29 Cinnamon Glazed Pancakes Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	30 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	31 **Sausage Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait

MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast

Assorted Milk Choices Available Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

Fun Facts About Cereal:

The first breakfast cereal ever produced was Shredded Wheat.

The average American eats 160 bowls of cereal each year..

There are 2.7 billion packages of cereal sold every year! That's enough boxes to wrap around the Earth thirteen times!

** Contains Pork

Menu Items subject to change based upon availability.



Nondiscrimination Statement: This institution is an equal opportunity provider.
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