



# January



## Middle School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>Winter Break</b> (Holiday) 	2 <b>Winter Break</b> (Holiday) 	3 <b>Winter Break</b> (Holiday) 
6 <b>Winter Break</b> (Holiday)	7 <b>Winter Break</b> (Holiday)	8 <b>Lunch Entrées-Choose One</b> Chicken Pot Pie w/ Roll **State Fair Corn dog Gilardi Stuffed Crust Pepperoni Pizza Clux Delux Original/Spicy Chicken Sandwich  <b>Sides-Choose One or More</b> Green Beans, Corn Fruit Cocktail, Fresh Apple	9 <b>Lunch Entrées-Choose One</b> BBQ Baked Chicken w/Roll Loaded Chili w/Cornbread All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Baked Beans, Coleslaw Sliced Peaches, Fresh Pear	10 <b>Lunch Entrées-Choose One</b> Vegetable Soup w/ Grilled Cheese Sante Fe Chicken Quesadilla Clux Delux Original/Spicy Chicken Sandwich Gilardi Stuffed Crust Pepperoni Pizza  <b>Sides-Choose One or More</b> Seasoned Carrots, Caesar Salad Applesauce, Fresh Orange
13 <b>Lunch Entrées-Choose One</b> Green Dragon Chicken w/Rice & Roll **Cuban Pork Sandwich Clux Delux Original/Spicy Chicken Sandwich Gilardi Stuffed Crust Pepperoni Pizza  <b>Sides-Choose One or More</b> Green Beans, Glazed Sweet Potatoes Pineapple Tidbits, Fresh Apple	14 <b>Lunch Entrées-Choose One</b> Chicken Tenders w/Rice, Gravy & Roll Mozzarella Cheese Sticks w/Marinara Sauce All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Crinkle Cut French Fries, Sweet Peas Craisins, Fresh Orange	15 <b>Lunch Entrées-Choose One</b> Lasagna w/Cinnamon Roll Gilardi Stuffed Crust Pepperoni Pizza Clux Delux Original/Spicy Chicken Sandwich Cold Cut Deli Sub Sandwich or Wrap  <b>Sides-Choose One or More</b> Caesar Salad, Confetti Collards <b>w/Fresh SC Grown Collards</b> Mandarin Oranges, Fresh Pear	16 <b>Lunch Entrées-Choose One</b> Philly Steak & Swiss Sliders Buffalo Chicken Pizza w/Ranch All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Picante Pinto Beans, Veggie Cup Peach Cup, Fresh Banana	17 <b>Lunch Entrées-Choose One</b> Macaroni & Cheese w/Roll Stuffed Bell Peppers Clux Delux Original/Spicy Chicken Sandwich Gilardi Stuffed Crust Pepperoni Pizza  <b>Sides-Choose One or More</b> Corn, Garden Salad Applesauce, Grape Juice
20 <b>No School</b> (Holiday)	21 <b>Lunch Entrées-Choose One</b> Chicken Tenders w/Rice, Gravy & Roll Crunchy Beef Tacos All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Crinkle Cut French Fries, Black Bean & Corn Salad <b>w/Fresh SC Grown Cilantro</b> Pineapple, Fresh Orange	22 <b>Lunch Entrées-Choose One</b> Southwest Deep Dish Taco Pie Twisted Chicken w/Breadstick Gilardi Stuffed Crust Pepperoni Pizza Clux Delux Original/Spicy Chicken Sandwich  <b>Sides-Choose One or More</b> Caesar Salad, Steamed Squash Fruit Cocktail, Fresh Kiwi	23 <b>Lunch Entrées-Choose One</b> Cheesy Nachos w/ Chicken or Beef Fish Poppers w/Hushpuppies All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Baked Beans, Confetti Collards <b>w/Fresh SC Grown Collards</b> Sliced Peaches, Fresh Apple	24 <b>Lunch Entrées-Choose One</b> Cilantro Lime Chicken Wraps <b>w/Fresh SC Grown Cilantro</b> Bryan's Hotdog w/Chili Clux Delux Original/Spicy Chicken Sandwich Gilardi Stuffed Crust Pepperoni Pizza  <b>Sides-Choose One or More</b> Corn, Baby Carrots Applesauce, Fresh Banana
27 <b>Lunch Entrées-Choose One</b> Chicken Cordon Bleu w/Roll **Sweet Mesquite BBQ Sliders Clux Delux Original/Spicy Chicken Sandwich Gilardi Stuffed Crust Pepperoni Pizza  <b>Sides-Choose One or More</b> Green Beans, Glazed Sweet Potatoes Pineapple Tidbits, Fresh Apple	28 <b>Lunch Entrées-Choose One</b> Chicken Tenders w/Rice, Gravy & Roll Buffalo Chicken Pizza w/Ranch All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Crinkle Cut French Fries, Steamed Broccoli Craisins, Fresh Orange	29 <b>Lunch Entrées-Choose One</b> Lemon Pepper Baked Chicken w/Roll Santa Fe Chicken Quesadilla Clux Delux Original/Spicy Chicken Sandwich Cold Cut Deli Sub Sandwich or Wrap  <b>Sides-Choose One or More</b> Caesar Salad, Roasted Cauliflower Mandarin Oranges, Fresh Pear	30 <b>Lunch Entrées-Choose One</b> Macaroni & Cheese w/Roll Santa Fe Chicken Quesadilla All American Hamburger/Cheeseburger Nardone's Pepperoni Pizza Slice  <b>Sides-Choose One or More</b> Black-eyed Peas, Veggie Cup Peach Cup, Fresh Banana	31 <b>Lunch Entrées-Choose One</b> Green Dragon Chicken w/Rice & Roll Philly Cheese Flatbread Clux Delux Original/Spicy Chicken Sandwich Gilardi Stuffed Crust Pepperoni Pizza  <b>Sides-Choose One or More</b> Corn, Garden Salad Applesauce, Grape Juice

### MEALTIME MESSAGE

Lunch \$2.75

Assorted Milk Choices Available Daily for Breakfast and Lunch:  
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

**Offered Daily:**  
Variety of Salads  
Yogurt Parfaits  
Cottage Cheese w/Fruit

**This Month's SC Grown Fresh Produce...**



Collards

Cilantro



### Fun Facts:

The State of South Carolina, the second largest producer of collards, attempted to pass a bill to make collards the official Leafy Green of the State

Cilantro is over 2,000 years old. Eating cilantro can aid your digestive process and has healing benefits including relieving stress, headaches, and nausea

\*\* Contains Pork

Menu Items subject to change based upon availability.



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