

December 2013



Middle School Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Breakfast Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	3 Grits Cheddar Cheese Sausage Patty Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	4 COLLABORATIVE DAY Eggo Maple Minis Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	5 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	6 French Toast Sticks & Syrup Cereal & Toast Yogurt & Muffin Yogurt Parfait
9 **Breakfast Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	10 Grits Cheddar Cheese Sausage Patty Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	11 French Toast Sticks & Syrup Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	12 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	13 Eggo Choc. Chip French Toast Minis Cereal & Toast Yogurt & Muffin Yogurt Parfait
16 **Breakfast Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	17 Grits Cheddar Cheese Sausage Patty Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	18 Cinnamon Glazed Pancakes Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	19 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	20 Half Day for Students Breakfast Breaks
23 Winter Break (Holiday)	24 Winter Break (Holiday)	25 Winter Break (Holiday)	26 Winter Break (Holiday)	27 Winter Break (Holiday)
30 Winter Break (Holiday)	31 Winter Break (Holiday)			

MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast

Assorted Milk Choices Available Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

Fun Facts About Cereal:

The average American eats 160 bowls of cereal each year.

One bushel of wheat will make 53 boxes of cereal.

There are 2.7 billion packages of cereal sold every year – that's enough boxes to wrap around the Earth thirteen times!

** Contains Pork

Menu Items subject to change based upon availability.



Nondiscrimination Statement: This institution is an equal opportunity provider.
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