





April 2014

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **Sausage Gravy & Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	2 Waffles & Syrup Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	3 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	4 Eggo Chocolate Chip French Toast Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait
7 **Breakfast Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	8 **Sausage Gravy & Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	9 Eggo Maple Minis Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	10 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	11 **Sausage Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait
14 	Spring Break			18 
No School				
21 **Breakfast Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	22 **Sausage Gravy & Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	23 Cinnamon Glazed Pancakes Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	24 Grits Cheddar Cheese Scrambled Eggs Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	25 **Sausage Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait
28 **Breakfast Pizza Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	29 **Sausage Gravy & Biscuit Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait	30 Waffles & Syrup Cereal & Toast Yogurt & Muffin Yogurt & Granola Parfait		

MEALTIME MESSAGE

Breakfast \$1.25

Fruit and/or Juice also offered daily with Breakfast.

Assorted Milk Choices Available Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

Fun Facts About Grits:

Grits are the official state prepared food of Georgia.

President Jimmy Carter's daughter, Amy, briefly owned a dog named Grits while living in the White House.

The word grits derives from the Old English word *grytt*, meaning coarse meal.

** Contains Pork

Menu Items subject to change based upon availability.

