

February 2014

Middle School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3
Lunch Entrées-Choose One
Green Dragon Chicken w/Rice
Seasoned Chicken Filet Sandwich
Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
Green Beans, Baked Sweet Potatoes
Vegetable Chow Mein
Pineapple Tidbits, Sliced Oranges

4
Lunch Entrées-Choose One
Chicken Tenders Basket w/Fries
Vegetable Beef Soup w/Toasted Cheese
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Crinkle Cut French Fries
Roasted Kale w/Cherry Tomatoes & Garlic
Fruit Cocktail, Fresh Apple

5 **COLLABORATIVE DAY**
Lunch Entrées-Choose One
Clux Deluxe Original/Spicy Chicken Sandwich
**State Fair Corndog
Cold Cut Deli Sandwich

Sides-Choose One or More
Fresh Baby Carrots, Fresh Celery Sticks
Rosati Ice 100% Fruit Juice,
Fresh Fruit

6
Lunch Entrées-Choose One
Chicken Bites Basket w/Tater Tots
Create-Your Own Burger Bar
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Tater Tots, Southwestern Baked Beans
Carolina Coleslaw
Peach Cup, Fresh Pear

7
Lunch Entrées-Choose One
Stuffed Bell Peppers w/Roll
Seasoned Chicken Filet Sandwich
Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
Corn, Garden Salad
Mandarin Oranges, Fresh Banana

10
Lunch Entrées-Choose One
Cheesy Nachos w/Chicken or Beef
Seasoned Chicken Filet Sandwich
Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
Picante' Pintos, Green Beans
Sliced Peaches, Fresh Apple

11
Lunch Entrées-Choose One
Chicken Tenders Basket w/Fries
Fish Poppers w/Hushpuppies
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Crinkle Cut French Fries
Lemon Pepper Roasted Broccoli
Fruit Cocktail, Strawberry Cup

12
Lunch Entrées-Choose One
Rotini Pasta w/Meat Sauce & Cinnamon Roll
Clux Deluxe Original/Spicy Chicken Sandwich
Buffalo Chicken/Cheeseburger Pizza

Sides-Choose One or More
Caesar Salad, Parsley Potatoes
Sweet Roasted Beets
Craisins, Sliced Oranges

13
Lunch Entrées-Choose One
Chicken Bites Basket w/Tater Tots
Breakfast For Lunch
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Tater Tots, Seasoned Fresh Baby Carrots,
Spinach Salad
Pear Halves, Fresh Banana

14
No School HOLIDAY
(First Weather Make-up Day)

Valentines Day

17
No School For Students

18
Lunch Entrées-Choose One
Chicken Tenders Basket w/Fries
Philly Cheese Flatbread
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Crinkle Cut French Fries, Veggie Cup w/Dip
Fruit Cocktail, Fresh Apple

19
Lunch Entrées-Choose One
BBQ/Bufalo Chicken w/Mac & Cheese
Clux Deluxe Original/Spicy Chicken Sandwich
Buffalo Chicken/Cheeseburger Pizza

Sides-Choose One or More
Caesar Salad, Roasted Cauliflower
Applesauce, Sliced Oranges

20
Lunch Entrées-Choose One
Chicken Bites Basket w/Tater Tots
**Cuban Pork Sandwich
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Tater Tots, Marinated Cucumbers
Black-eyed Peas
Sliced Peaches, Grape Juice

21
Lunch Entrées-Choose One
Twisted Chicken w/Breadstick
Seasoned Chicken Filet Sandwich
Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
Honey Glazed Carrots & Sugar Snap Peas
Fresh Steamed Squash
Fresh Pear, Craisins

24
Lunch Entrées-Choose One
Green Dragon Chicken w/Rice
Seasoned Chicken Filet Sandwich
Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
Green Beans, Baked Sweet Potatoes,
Vegetable Chow Mein
Pineapple Tidbits, Sliced Oranges

25
Lunch Entrées-Choose One
Chicken Tenders Basket w/Fries
Create-Your- Own Burger Bar
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Crinkle Cut French Fries
Kale Salad w/ Mandarin Oranges
Fruit Cocktail, Fresh Apple

26
Lunch Entrées-Choose One
Classic Lasagna w/Cinnamon Roll
Clux Deluxe Original/Spicy Chicken Sandwich
Buffalo Chicken/Cheeseburger Pizza

Sides-Choose One or More
Caesar Salad, Parsley Potatoes
Sweet Roasted Beets
Diced Pears, Craisins,

27
Lunch Entrées-Choose One
Chicken Bites Basket w/Tater Tots
**Sweet Mesquite BBQ Sliders
Nardone's Pepperoni/Cheese Pizza Slice

Sides-Choose One or More
Tater Tots, Confetti Collards
Picante' Pintos
Strawberry Cup, Fresh Banana

28
Lunch Entrées-Choose One
Cilantro Lime Chicken Wraps
Seasoned Chicken Filet Sandwich
Gilardi Stuffed Crust Pepperoni Pizza

Sides-Choose One or More
Black Bean & Corn Salad Corn
Seasoned Fresh Baby Carrots
Applesauce, Fresh Kiwi

MEALTIME MESSAGE

Lunch \$2.75

Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White,
Fat Free Chocolate,
Strawberry, and Vanilla

Offered Daily:

Variety of Salads
Deli Sandwiches/Wraps
Yogurt Parfaits
Cottage Cheese w/Fruit

This Month's SC Grown Fresh Produce....



Beets



Kale

Fun Facts:

You can use beet juice to measure acidity. When added to an acidic solution it turns pink, but when it is added to an alkali it turns yellow.

Mainly grown in Middle and Western Europe, North America, and East and West Africa. Kale needs to be exposed to the first winter's frost so some of the plant's starch can be changed into sugar.

**** Contains Pork**

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability.



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